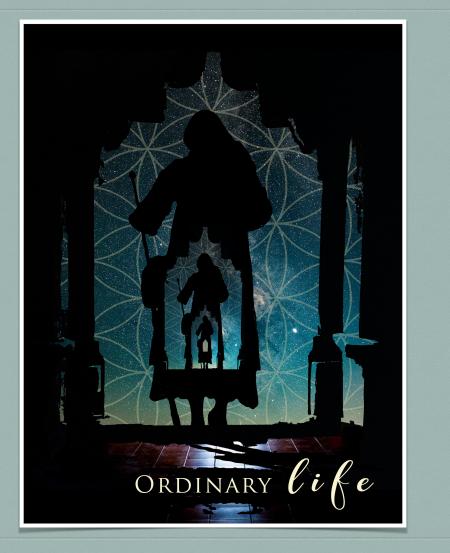
# Living in the Sacred Stream



## No matter who you are, no matter where you are in your spiritual journey, you are celebrated here.



Be Present

Be Open

Be Awake

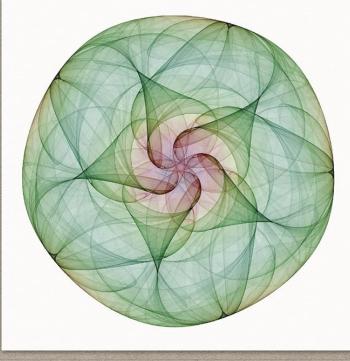
Grace be in our heads, and in our thinking. Grace be in our eyes, and in our seeing. Grace be in our ears, and in our hearing. Grace be in our mouths, and in our speaking. Grace be in our hearts, and in our understanding. Grace be in our end, and at our departing.

## DEEP REALING

Jesus was a healer Each of us is wounded Our country, world, and planet need healing

#### THE UNFOLDING SELF

VARIETIES OF TRANSFORMATIVE EXPERIENCE



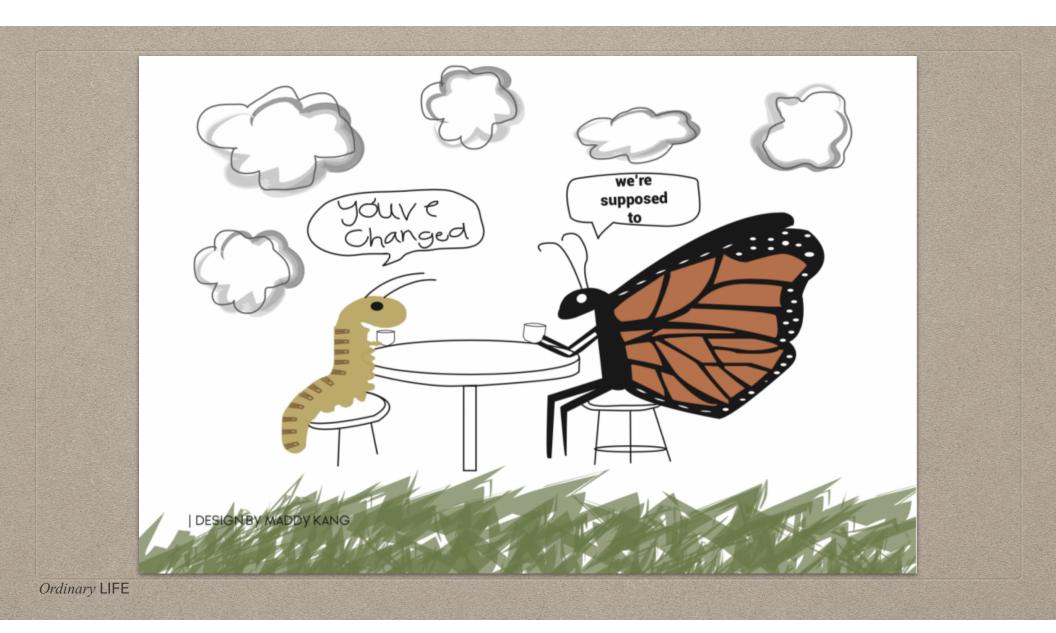
#### THE UNFOLDING SELF BY RALPH METZNER

### THE CYCLE OF HEALING

#### **AN ENDING**

#### **NEW BEGINNING**

#### "IN BETWEEN"





#### THE WHOLE OF LIFE LIES IN THE VERB "TO SEE"



### PATIENCE

### ENDURANCE

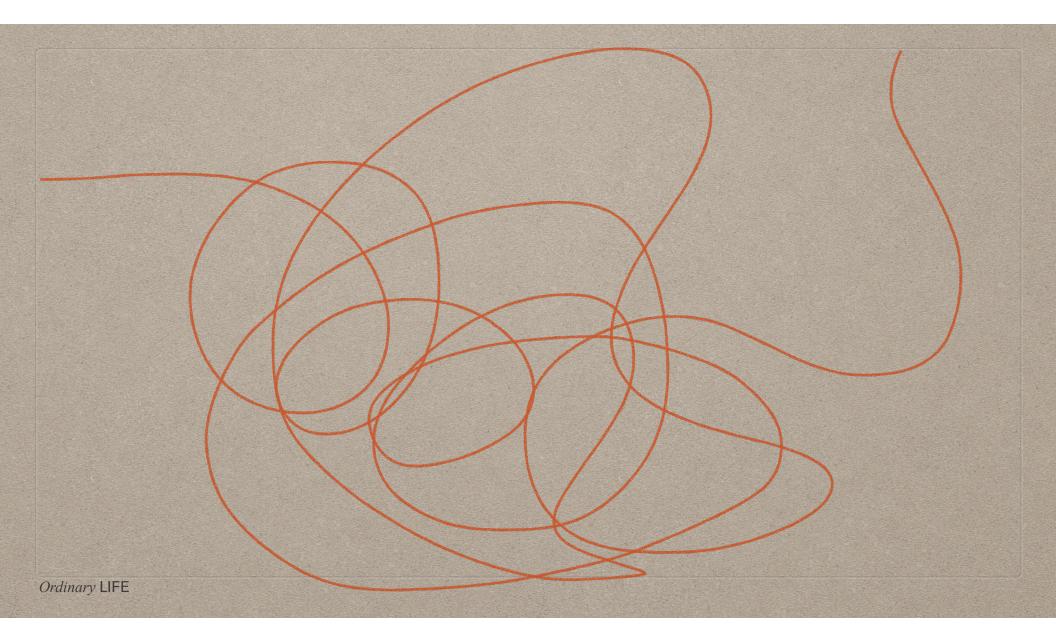
The narrative of Jesus' life and work begins with "healing stories." Boundary Crossing and Barrier Breaking are two consistent marks of his teaching.

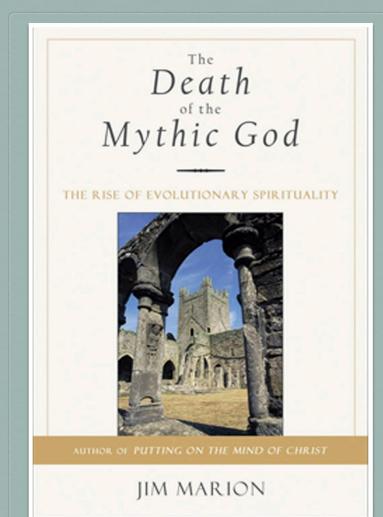
## HEAL

#### TO MAKE WHOLE, SOUND, AND WELL

### "We live in a culture deeply uncomfortable with discomfort. We are born into the inevitability of pain...

We are also born into the possibility of healing, of recovering our wholeness."





#### **A Model of Conscious Development**

Archaic Consciousness Magical Consciousness

Mythic Consciousness

Rational Consciousness

Vision-Logic Consciousness Psychic Consciousness Christ Consciousness

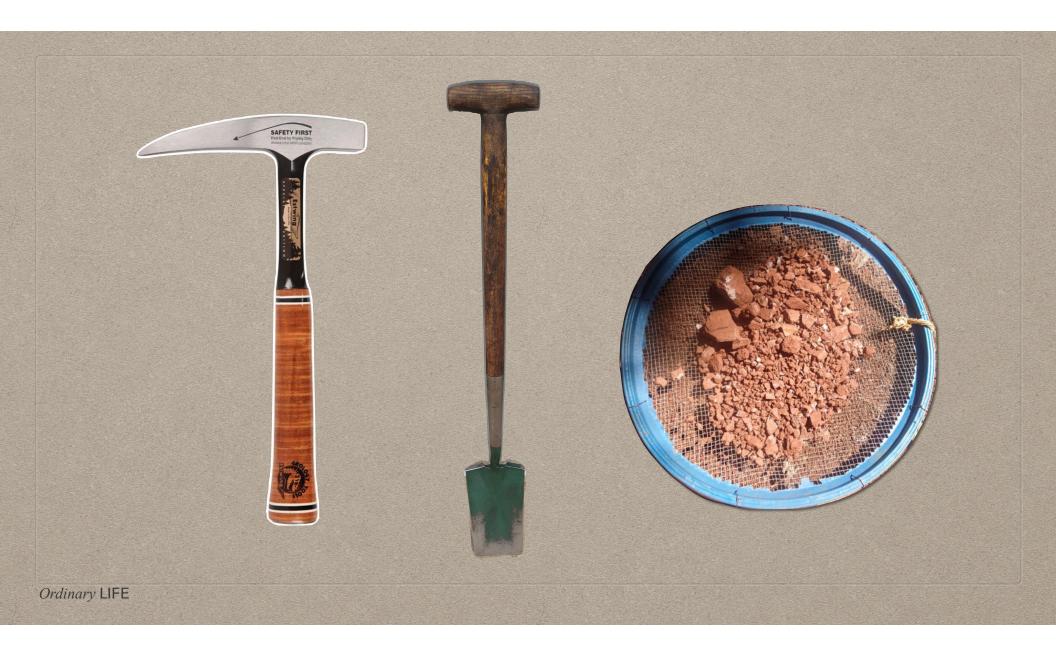
#### For Dr. Hudley's stuff that makes mine look so pedestrian.



### GABOR MATÉ COMPASSIONATE INQUIRY

### "My life has not been about fixing what is broken. It has been about engaging in a loving and tender archaeological dig back to my true self."

~JEWEL



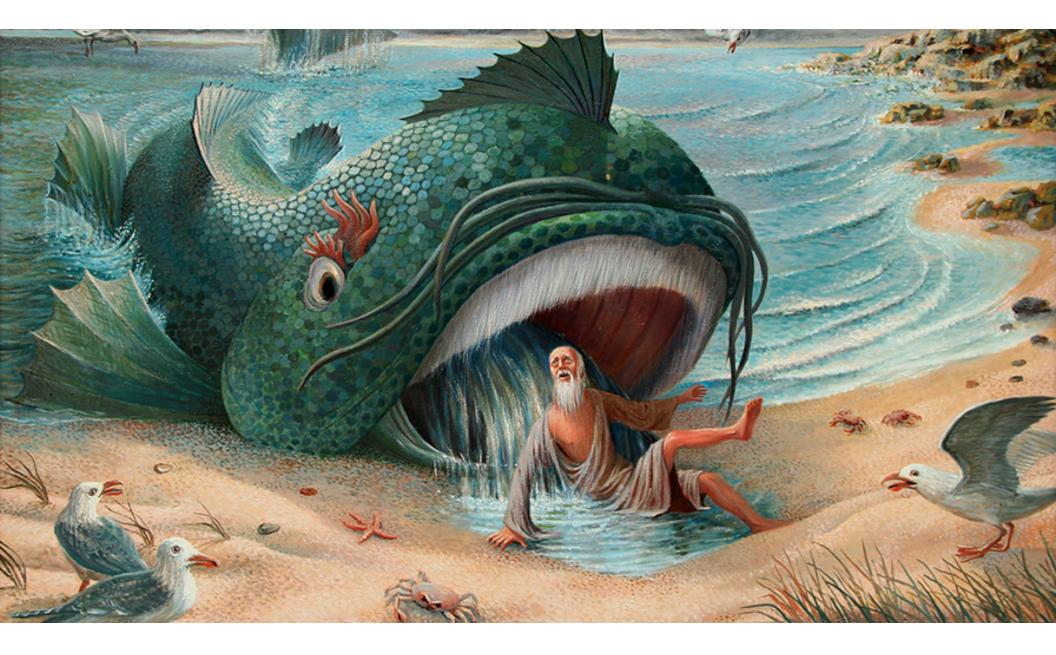
### COMPASSION

### CURIOSITY

### ACCEPTANCE

"If you bring forth what is within you, what you bring forth will save you; if you do not bring forth what is within you, what you do not bring froth will destroy you."

~ Jesus, The Gospel of Thomas



### COMMITTING TO DEEP HEALING IS AN EXTRAORDINARY ACT OF LOVE.

# Deep Healing Involves -

Seeing with "new" eyes being open to our depression and anxiety being open to "the observing witness"

Genuine grief honesty shared not fixed is Grace

# No matter where you go this week, no matter what happens, remember this: You carry precious cargo. So, watch your step.